

As of November 2020

Honbu Dojo

| | mon | Tue | Wed | Thu | Fri | Sat | Sun |
|----------------|--------|--------------------------------|--------------------------------|--------|----------|----------------------|----------------------|
| 10:30am | | Suganuma Sensei | | Yamada | | Inoue Nagashima Sudo | Sudo 10:00am-11:00am |
| Calligraphy | | Suganuma Sensei 12:00pm-1:00pm | Suganuma Sensei/Fujita 3:00pm- | | | | |
| Children Class | Yamada | | | | Nakamura | | |
| 6:30pm | Yamada | Katsuhiko Sensei | Suganuma Sensei | | Nakamura | | |

Tenjin Dojo

| | mon | Tue | Wed | Thu | Fri | Sat | Sun |
|----------------|-----------------|---------------------------------|----------|-----------------------|----------|--------------------------------------|-----|
| 7:00am | | Takemura | | Nakamura | | | |
| 10:30am | Fujioka | | Yamada | | Takemura | Suganuma Sensei Koga Fujiyoshi Maeda | |
| Children Class | | | Nakamura | | | Nakamura | |
| 7:00pm | Suganuma Sensei | Fujioka Koga Fujiyoshi Moriyama | Nakamura | Sasuga *Women's class | Fujioka | Nakamura *Beginner's class | |

Fukuoka Dojo

| | mon | Tue | Wed | Thu | Fri | Sat | Sun |
|----------------|----------|----------|----------------|-----------------|--------------------------|--------------------|----------------|
| 7:00am | | Kanado | | Suganuma Sensei | | Shinohara T.Kanado | 9:30am Okazaki |
| Children Class | Nakamura | | | Suganuma Sensei | | | |
| 6:30pm | Ichiki | Yamagata | Aoki Matsunaga | Suganuma Sensei | Takemura *Weapon's class | Koga Fukumoto | |

Takasago Dojo

| | mon | Tue | Wed | Thu | Fri | Sat | Sun |
|----------------|-----------------|----------------------------|----------|----------|-----------------|-----------|------------------------------------|
| 7:00am | Suganuma Sensei | | Takemura | | Fujioka | | 9:00am Nakano(8/2) Hashimoto(8/9) |
| 10:30am | | Fujioka | | Takemura | | Nakamura | Suganuma Sensei(8/2) Imaizumi(8/9) |
| Children Class | | Takemura(8/4) Yamada(8/11) | Yamada | | Suganuma Sensei | | |
| 6:30pm | Inoue | Takemura(8/4) Yamada(8/11) | Nishida | Aoki | Suganuma Sensei | Takeshita | |

Ijiri Dojo

| | mon | Tue | Wed | Thu | Fri | Sat | Sun |
|----------------|----------|-------|----------|---------------|----------|------------------|----------|
| 6:30am | Nakamura | | Nakamura | | Nakamura | | |
| Children Class | | | | No class | | | Nakamura |
| 6:30pm | | Frank | | Nakamura Kido | | Katsuhiko Sensei | |

Gokoku Dojo

| | Tue | Thu | Sat |
|----------------|------------------------|------------------|---------------|
| Children Class | Suganuma Sensei 5:00pm | | |
| Adults Class | Suganuma Sensei 6:30pm | Shimamura 7:00pm | Yamada 6:30pm |

Fujisaki Dojo

| | Wed | Sat |
|----------------|----------------------|-----------------------------|
| Children Class | 7:00pm~8:00pm Yamada | 6:15pm~7:00pm Ikeda/Shimada |
| Adults Class | 7:00pm~8:00pm Saito | 7:15pm~8:00pm Saito |